

PRE-ORDER TAKE AWAY SALAD LISTS

P O T A T O / R I C E / G R A I N / P A S T A

- Couscous Salad w/ Char grilled Vegetables, Sultanas, Pine Nuts & Harissa Dressing
New Potato, Fresh Herb & Sour Cream
Wheatberry, Kale, Green Lentil, Soya Bean, Chia Seed & Butternut
Roasted New Potato Salad with Sea Salt & Rosemary
Five Grain Salad with Courgette, Mushroom, Red Pepper & Rocket
Puy Lentil & Roasted Pepper Caponata Salad w/ Yoghurt Sauce
Giant Couscous Tabouleh
Camargue Rice & Quinoa w/ Orange, Crispy Bacon, Peas, Spring Onions & Pistachios

L E A F S A L A D S

- Rocket & Radicchio Salad w/ Parmesan Shavings & Pomegranate Seeds
Watercress, Spinach, Radicchio, Avocado, Mushroom & Bacon Salad
Mixed Leaf Salad w/ Fresh Herbs, Avocado, Parmesan Croûtons & Edible Flowers
Caesar Salad w/ Croûtons & Parmesan Shavings
Greek Salad w/ Romaine, Cherry Tomato, Black Olive, Cucumber, Basil & Feta

V E G E T A B L E S A L A D S

- Char grilled Mediterranean Vegetable Salad w/ Parmesan Shavings
Beetroot, Mint and Carrot Slaw w/ Classic Vinaigrette
Butternut Squash, Soya & Beetroot Salad w/ Feta & Toasted Cumin
Watercress, Beetroot, Goats Cheese & Walnut Salad
Celeriac Remoulade w/ Capers & Grain Mustard
Tuscan Bean Salad w/ Roasted Peppers & Artichoke Hearts
Kale w/ Mixed Mushrooms, Pickled Shallots, Almonds, Chilli & Feta
Thai Crunchy Salad w/ Mooli Radish, Mango, Beansprouts & Mange Tout
Butterbean, Red Pepper, Spiced Chickpea & Coriander
Char-grilled Broccoli, Pear & Pinenut Salad w/ Chilli, Garlic & Roquefort
Roasted Carrot & Avocado Salad w/ Crunchy Seeds & Sour Cream
Char Grilled Courgette, Mushroom, Asparagus & Butternut Salad w/ Mint

T O M A T O S A L A D S

- Heritage Tomato, Mozzarella & Avocado Salad w/ Fresh Basil, Balsamic Vinegar & Olive Oil
Baby Plum Tomatoes w/ Roasted Aubergine, Olives, Feta Cheese & Torn Basil
Beef Tomato, Chargrilled Mushroom, Courgette, Basil & Artichoke Hearts
Red & Yellow Cherry Tomato Salad w/ Baby Basil & Toasted Pine Nuts
Panzanella Salad

Minimum order 10 portions. Salads priced from £2.45 per portion